Horning Primary School

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Friday 1st May 2026

Dear Parents and Carers,

**Invitation: Emotional Regulation Group Work with Norfolk STEPs**

We are pleased to offer a two-part Emotional Regulation Group Work workshop in collaboration with Norfolk STEPs.

This programme is designed to support parents/carers in understanding and developing strategies to help children manage and regulate their emotions effectively.

The sessions will be delivered on the following dates and times:

- Session 1: 13:00 – 15:00, 9th June 2026
- Session 2: 13:00 – 15:00, 16th June 2026

If you are interested in attending, please email the school office to register your interest as soon as possible.

*Once interest has been registered, families will receive confirmation by Friday 22nd May regarding whether they have been allocated a place, as spaces are limited.*

Kind regards,

Kathryn Andrews
Head of School