

21st May 2026

Dear Parents/Carers,

Re: Teaching of Relationships and Sex Education (RSE) During the Summer Term

At the AIM Federation, we believe in preparing children to live happy, safe and healthy lives. As part of the statutory Health and Relationships Education curriculum for primary schools in England, we teach Relationships and Sex Education (RSE) in a way that is age-appropriate and relevant to the children in our care.

RSE will be taught during the second half of the summer term by your child's usual class teacher. These lessons are carefully planned to follow a 'spiral' curriculum. This means children revisit important themes as they grow, each time building on their understanding in a way that is right for their age and stage of development.

We use well-chosen, non-biased resources and deliver lessons in a calm and respectful way. Nothing in the curriculum is designed to shock or cause worry. Instead, our aim is to give children the knowledge, values and skills they need to make safe, healthy and positive choices as they grow. We want them to feel confident and supported as they navigate friendships, emotions and changes to their bodies.

Talking at home makes a big difference too. We encourage you to speak with your child about the things they are learning. This is a great opportunity to share your family's values and help build open, trusting conversations about relationships, emotions and growing up.

We have included an outline of the themes that will be taught in each year group, along with tips to help you talk to your child at home. Please take a moment to read through this information. Our full RSE policy is also available on the school website.

If you would like to speak to someone about what your child will be learning or ask any questions about the programme, please do get in touch with the school directly. We're always happy to help.

Yours sincerely,

David Hopkins
Executive Headteacher